

Posted on Thu, Mar. 03, 2005

## HERALD CHEFS' CHALLENGE

# Students face off in The Herald Chefs' Challenge

By MADELEINE MARR  
[food@herald.com](mailto:food@herald.com)

You think food's important?

Try being a culinary student. Food is more than sustenance; it's your career - your life.

**HERALD INTERACTIVE**



The 12 studious types here - from Florida International University, Art Institute of Fort Lauderdale and Miramar's Le Cordon Bleu - are going fork to fork in a contest of wills and skills called The Herald Chefs' Challenge.

• Click for more detail

Their mission: Make incredibly edible main courses in one hour.

The catch: The ingredients will be a secret until showtime.

Taking a cue from *Survivor*-style reality TV, three contestants will be eliminated at the end of each cook-off at FIU's Biscayne Bay campus. The final showdown will be held at North One 10, where judge Dewey LoSasso is chef/co-owner.

The prize: two round-trip tickets to anywhere Spirit Airlines flies and internship at North One 10.

You can follow the competition each Thursday through March 31 on Page 8 of The Herald's Tropical Life/Food & Dining section and on WFOR-CBS4 (see box). Learn more about the competitors and what they're cooking up at [herald.com](http://herald.com).

Judges, in addition to LoSasso, are Herald Food Editor Kathy Martin and CBS4's Lisa Petrillo.

The criteria, in order of importance, are taste, presentation, creativity, organization, marketability (would it sell in a restaurant?), sanitation, culinary prowess and technique.

Contest sponsors are Sansó Foods and Spirit Airlines; kitchen facilities provided by Florida International University and North One 10.

## RELATED CONTENT

Need to Advance in your Hospitality Career?  
Obtain a Master's Degree via Distance  
Learning from Florida International University



<http://hospitality.fiu.edu>

RAUL RUBIERA/HERALD STAFF

## RELATED LINKS

- [An interactive guide to the Chef's Challenge](#)
- [Culinary schools enjoy robust enrollment](#)
- [Culinary programs](#)